

VOCOLOGIST • LMT • VOICE SPECIALIST • VOCAL COACH info@MindyPack.com • (801) 860-4450

Mindy's childhood dream was to be the world's first "singing heart surgeon". Medical school didn't quite pan out, but throughout her career, Mindy has combined her love of singing with her interest in health and physiology to help vocalists of all levels meet their potential.

EDUCATION & CERTIFICATIONS

Mindy was a vocal performance major at the University of Utah, but her education didn't stop there. Throughout her career, Mindy has studied vocal technique, voice science, and vocal health with nationally and internationally renowned vocal instructors, educational institutions, and accredited programs throughout the world. Mindy's philosophy is "the minute I stop learning is the minute I stop teaching." Mindy is an expert in complex ins and outs of voice science. She has a thorough understanding not only of producing the best sound, but also of keeping the vocal tract in optimal health. In addition to being a vocal coach and Clinical Vocologist, Mindy is a licensed and certified massage therapist who specializes in structural integrations for voice performers.Not only does she focus on the technical sound of the voice but also the full body approach, patterns and stamina that may affect the ability to perform. Professionals around the globe have stated that the body work and the muscle manipulation Mindy does as part of her training routine is "a game changer" and is a crucial piece to vocal maintenance, endurance, and longevity!

PARTNERS

Mindy is the co-founder and director of the SVARA Project, a collaborative initiative with Dr. Reena Gupta, and has over 12 years of experience leading teacher training programs and a prestigious artist developmental programs throughout Los Angeles and the world. She is a recognized expert in vocal health and technique, frequently presenting at global voice conferences for singers, actors, voiceover professionals, video game developers, speech-language pathologists, ENTs, and laryngologists. Mindy has served as adjunct faculty at Utah Valley University, where she contributes to the commercial music program, and is an affiliate of The National Center for Voice and Speech. Additionally, she holds credentials as a licensed massage therapist through the AMTA and the California Board of Massage Therapy.

Mindy's expertise has made her a respected figure in elite voice teams and music industry networks worldwide. She collaborates with leading laryngologists, ENTs, bodywork specialists, and music professionals, offering vocal rehabilitation and advanced technique training across international borders. Currently, she works with ENT Specialists in Salt Lake City, conducting biofeedback sessions on voice disorders and manual therapy, and with Dr. Gupta at the Center for Vocal Health in Beverly Hills, where she focuses on vocal rehabilitation. Her career is marked by a commitment to advancing vocal performance and health, with a global reach and deep connections throughout the industry.

CLIENTS

Mindy has a full studio in Salt Lake City, Utah, and a satellite studio in Los Angeles, California, but she sees clients from all around the world via online sessions. Her roster includes novices and professionals of all genres and styles. She also works with actors, voice-over artists, and motivational speakers. Additionally, she has experience working with transitioning clients and clients who have sustained vocal injury and are in rehabilitation and habilitation.

Mindy works directly with some of the biggest names in the industry. Such as: Justin Timberlake, Miley Cyrus, Noah Kahan, Chappell Roan, Sabrina Carpenter, Lil Nas X, The Lumineers, Brandi Carlile, Lisa Loeb, Emily Sailers of the Indigo Girls, Common, Royal Bliss, Tesseract, Nahko and Medicine for the People, Shaed, and many others. These artists have applied Mindy's technique and Vocal Tract Reconditioning to help them achieve optimal performance on long tours. Mindy's clients have been on world tours, national Broadway tours, AMA's, the Grammy's, BET Awards, Saturday Night Live, and International Award shows. Some have become viral YouTube sensations, college scholarship winners, TV singing show contestants, and cruise line performers.

Mindy will be featured in Lil Nas X's Long Live Montero documentary coming out next year and was the subject of a story on CBS Morning News with Gayle King. Mindy has a few other documentary projects in the work so stay tuned!

INNOVATION & BUSINESS

Mindy has revolutionized vocal training with "The Voice Straw" (<u>www.VoiceStraw.com</u>), a cuttingedge tool designed for singers, actors, and speakers. Combining her expertise in voice science with entrepreneurial spirit, she has created a game-changing product that's transforming vocal performance worldwide. As a dynamic female business owner, Mindy has built a global network of partners to distribute her innovative creations, setting a new standard in vocal excellence.

BODY WORK & VOCAL TRACT RECONDITIONING

While Mindy was on tour and working with vocal athletes, she realized that artists needed to focus on the entire body as a vocal instrument. She didn't want to be limited in her abilities, so she went back to school to become a licensed and certified massage therapist who specializes in structural integrations for voice performers. She has been innovating in this area ever since. Not only does she focus on the technical sound of the voice but also the full body approach, patterns, and stamina that may affect the ability to perform.



PERFORMANCE CAREER

From a young age, Mindy has been immersed in the world of performance. Her journey began with her first professional gig at 16, when she left school to perform in Japan. Since then, she has dazzled audiences on stages across the globe. Mindy's extensive experience includes being a sought-after session singer for top songwriters, providing background vocals on numerous acclaimed albums, and sharing the stage with some of Broadway's most revered stars. With a deep understanding of the intricacies of performing, Mindy truly knows what it means to captivate an audience.

AWARDS

In 2015, Mindy was awarded Best of State for Voice Instruction. She has also received Best of Salt Lake City for Private Music Instruction for the past ten years running.

NETWORKING

Mindy understands the importance of connecting rising artists to industry professionals, and she's known to leverage her connections in the music industry for her clients. Mindy often brings in top industry professionals to help her clients network and develop their vocal and performance skills.

PERSONAL

Mindy is a proud mom of three kids and their playful pup, Ghost Malone. Together with her husband Brandon, she is passionate about making a difference through humanitarian trips around the world, focusing on empowering youth as the future leaders of the country. These trips combine local and global humanitarian efforts with leadership training. When she's not traveling, Mindy enjoys the outdoors and has a love for racing snowmobiles, always seeking new adventures.

